

Health & Wellness



MRS. KELLEY'S HIGH SCHOOL HEALTH CLASS NEWS

9TH GRADE HEALTH WEEK OF MARCH 16, 2020



CHAPTER 8- SECTION 1 ASSIGNMENT WAS DUE TODAY, TUESDAY, MARCH 17, 2020 BUT IS NOW DUE ON WEDNESDAY, MARCH 18, 2020

CHAPTER 8: "FOOD AND NUTRITION"

- Read Section 1-pages 192-199
- Section 1 Review-Answer questions 1-7
 - Answers should be in complete sentences when appropriate.

VOCABULARY

NUTRIENT	METABOLISM	CALORIE	CARBOHYDRATE
FIBER	FAT	UNSATURATED FAT	SATURATED FAT
CHOLESTEROL	TRANS FAT	PROTEIN	AMINO ACID